

KENYA ~ WELLNESS IN THE WILD

Immerse yourself in Kenya's untamed beauty while nurturing your mind, body, and spirit. This wellness safari combines awe-inspiring wildlife, serene landscapes, and mindful practices for a journey that restores and invigorates in the heart of the African Wilderness!

ITINERARY

Day 1: Arrival Nairobi

Meet and assist on arrival at Jomo Kenyatta International Airport.
Transfer and overnight at Villa Rosa Kempinski.

<https://www.kempinski.com/en/hotel-villa-rosa>

Day 2: Nairobi- Amboseli

You will depart Nairobi in the early morning by road through the scenic Athi plains and into the bush country of Amboseli National Park, arriving at your lodge in time for lunch.

Leave your daily stresses behind and become one with nature as you embark on a late afternoon safari, roaming the park's iconic plains among the large-tusked elephants and other game. As a fiery sunset descends, return to your lodge for dinner and a good night's rest.

Overnight Tawi Lodge.

<https://www.tawilodge.com>

Day 3: Amboseli

Morning safari in Amboseli bring stirring views of Kilimanjaro's snow-capped peaks and elephant herds moving through the acacia woodlands. Soak in the stillness of a sunrise-drenched landscape as you search for the Big Five and other plain game, returning to your lodge for a hearty breakfast.

Relax for a few hours by the poolside or in your room before heading out on an afternoon safari until dusk, unwinding to the tune of the African bush as you enjoy dinner, and another overnight stay.

Overnight Tawi Lodge.

Day 4: Amboseli-Lake Naivasha

After breakfast, depart for Nairobi, where you'll stop for a mouthwatering lunch at the famous Carnivore restaurant. Continue west, descending into the lush green escarpment and the Great Rift Valley. Carry on to your hotel overlooking Lake Naivasha. This beautiful freshwater lake, fringed by thick papyrus, provides the ideal setting for your family to go boating or walking along the lake shores. Enjoy dinner and an overnight stay.

Overnight Enashipai Resort and Spa

<https://www.enashipai.com>

Day 5: Lake Naivasha

Spend the day relaxing or engaging in optional activities such a boat rides, visit to the Crescent Island.

Overnight Enashipai Resort.

Day 6: Lake Naivasha-Samburu

After breakfast, depart for Samburu arriving in good time for lunch. Your driver guide will drop you off at Samburu

Camp in goodtime for lunch.

Embark on an afternoon game drive as the allure of this rugged and serene part of Kenya sets the stage for a day filled with undeniable passion and excitement as you traverse its vast plains surrounded by Kenya's rarest wildlife, including the reticulated giraffe, Grevy's zebra, and Beisa oryx. Return to the luxury and romance of your lodge for some quiet alone time, having dinner as the sun sets fire to an infinite horizon.

Overnight Saruni Samburu.

<https://sarunibasecamp.com/our-properties/saruni-samburu>

Day 7: Samburu

Take an early morning drive along the Ewaso Nyiro River, winding its way around the rocky hills and across the dusty savannah, where you can witness herds of elephants frolicking in the water.

Lunch can be had as a picnic in the park or at your lodge before another afternoon game drive spent searching for prowling predators and some of Kenya's rare wildlife species, including the blue-necked ostrich and Grevy's zebra. Unwind in the evening with cocktails, dinner, and another overnight stay.

Overnight Saruni Samburu.

Day 8: Samburu- Masai Mara

Enjoy one more thrilling pre-breakfast game drive in Samburu before catching your flight to Masai Mara. Upon landing, you'll be picked up and taken for a short game drive en route to your camp, arriving in time for lunch.

Spend a few hours relaxing by the poolside before setting off on a late afternoon game drive. As the day descends into a cool evening, the Mara springs to life, and you'll be able to share in the excitement of the bush in action. Return to your lodge for dinner, and an intimate night in.

Overnight Saruni Eagle View.

<https://sarunibasecamp.com/our-properties/saruni-eagle-view>

Day 9 & Day 10: Masai Mara

For two days, disappear into the Masai Mara, waking each morning to the charms of roaming wildlife and spending romantic evenings listening to nature's lullaby. You'll explore stunning vistas dotted with zebra and wildebeest and share in the thrill of following big cats on exhilarating hunts, emerging from your experience.

Overnight Saruni Eagle View.

Day 11: Masai Mara- Nairobi

Enjoy some alone time over breakfast before being transferred to the airstrip for your flight back to Nairobi. Transfer from Wilson Airport to JKIA. Services end.

AFRICA DISCOVERY/KENYA WELLNESS ITINERARY Costings

USD RATES

Low Season(March, April, May & November 2026)

2 pax - USD 10,070.00 per person sharing for 10 nights

4 pax -USD 8315.00 per person sharing for 10 nights

6 pax -USD 7825.00 per person sharing for 10 nights

USD 725.00 per person single room supplement

+ add on the below

USD 1008 per person Tawi conservancy, Amboseli National Park, Kalama Conservancy and Mara North

Conservancy fees.

+ add on USD 105 per person per day Masai Mara park fees applicable from January to June

+ add on USD 210 per person per day Masai Mara park fees applicable from July to December

High Season

2 pax - USD 12,300 per person sharing for 10 nights

4 pax - USD 10,540.00 per person sharing for 10 nights

6 pax -USD 10,050.00 per person sharing for 10 nights

USD 2500.00 per person single room supplement

+ add on the below

USD 1008 per person Tawi conservancy, Amboseli National Park, Kalama Conservancy and Mara North Conservancy fees.

+ add on USD 105 per person per day Masai Mara park fees applicable from January to June

+ add on USD 210 per person per day Masai Mara park fees applicable from July to December

Villa Rosa Kempinski

-Rates applicable all year round

-Use of the health club including gym, sauna, steam, jacuzzi and outdoor heated pool

Tawi lodge

Low season-1 April – 31 May 1 – 30 Nov (Easter Dates 3 night min. stay)

High season-1 July – 30 Sep 1 – 31 Oct 21 Dec 2025 - 5 Jan 2026

-Guest can be provided with yoga mats upon request.

-The spa massage available and charged as extras

Enashipai Resort and Spa

Low Season- 1st April to 30th June 2026, 1st November to 22nd December 2026

High Season-2nd January to 31st March 2026, 1st July to 31st October 2026, 23rd December 2026 to 1st January 2027

Offers prebooked weekly yoga seasons on Fridays and Saturday and Sunday

Saruni Samburu & Saruni Eagle view

Low season-March, April, May & November 2026

High season- July, August, September & 20 December 2026 - 02 January 2027'

-No Easter, Christmas or New Year supplements

-1 x complimentary back & neck massage (30 min.) per room per stay (in tent), private yoga mat for self-instructed yoga/exercise

INCLUSIONS AND EXCLUSIONS

Includes

Meet and assist on arrival at Jomo Kenyatta International Airport

Nairobi Airport and hotel transfers

Scheduled one way flight Samburu to Masai Mara (baggage allowance 15kilos per person in soft bags)

Scheduled one way flight Masai Mara to Nairobi (baggage allowance 15kilos per person in soft bags)

Exclusive use of vehicle in Samburu and Masai Mara

Services of a professional English-speaking driver guide

Transport in a 4x4 land cruiser with open roof hatch for game viewing for Amboseli and Naivasha

Picnic lunch on the day of departure from Amboseli to Naivasha

Villa Rosa Kempinski (Deluxe room): Accommodation on bed and breakfast, use of the health club including gym, sauna, steam, jacuzzi and outdoor heated pool

Tawi Lodge(Standard Cottages): Full board accommodation, drinks(house wine, beer, soft drinks & selected spirits), sundowner, camel rides / bush walks

Enashipai Lodge: Full board accommodation

Saruni Samburu: Full board accommodation, soft drinks, house wines, selected beers & house spirits, bush meals, picnic excursions & sunset sundowners, tea & coffee service in own room, selected laundry service, unlimited internet, return airstrip transfers, shared day & night game drives in open-sided vehicles, guided bush walking safari, 1 x complimentary back & neck massage (30 min.) per room per stay in our wellbeing space, private yoga mat for self-instructed yoga/exercise, cultural village visit transfers

Saruni Eagle View: All meals & accommodation, soft drinks, house wines, selected beers & house spirits, bush meals, picnic excursions & sunset sundowners, tea & coffee service in own tent, selected laundry service, unlimited internet in the tents, return airstrip transfers, shared day & night game drives in open-sided vehicles, 1 x complimentary back & neck massage (30 min.) per room per stay (in tent), private yoga mat for self-instructed yoga/exercise, guided bush walking safari, visiting Saruni Basecamp's Conservation & Community projects

Excludes

Tawi conservancy, Amboseli National Park, Kalama Conservancy and Mara North Conservancy fees.

Masai Mara park fees applicable if guest go into the park

International flights and taxes

Meals not stated

Tips and items of a personal nature

Drinks and laundry where not mentioned as included

Spa and massage treatments

Optional activities such as cultural visits, balloon safari, boat rides, visit to the Crescent Island, etc

Visas

Health requirements

Travel Insurance

Services not mentioned as included