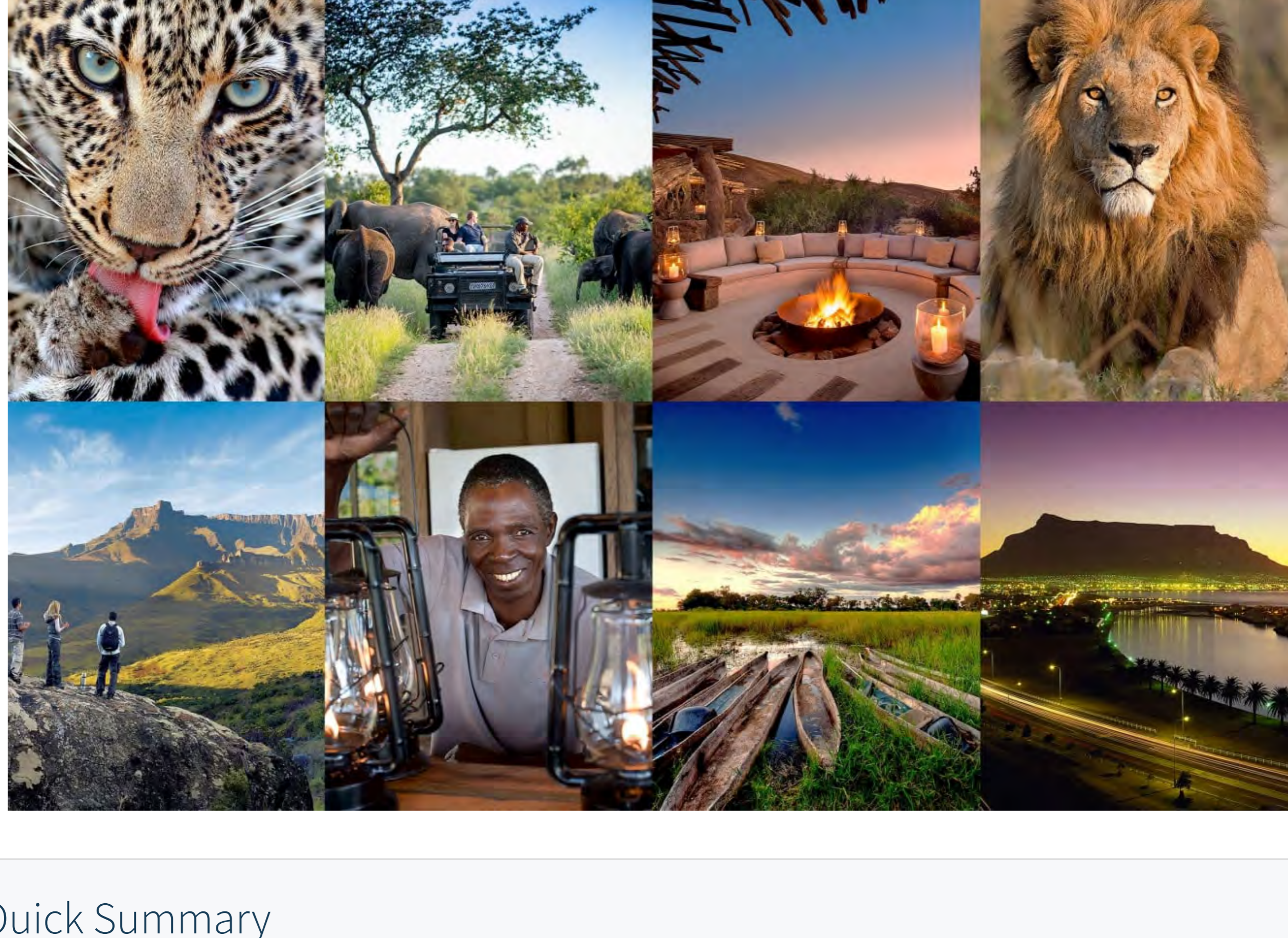


10 nights Wellness program South Africa ~ Franschhoek, Cape Town & Shamwari Eagle's Crag 2026



Quick Summary

Day	Description	Accommodation
Days 1 - 2	Cape Winelands	Angala Boutique Hotel & Guest House
Day 3	Cape Winelands	Angala Boutique Hotel & Guest House
Day 4	Cape Town	Steenberg Hotel
Days 5 - 6	Cape Town	Steenberg Hotel
Day 7	Eastern Cape	Shamwari Eagles Crag
Days 8 - 10	Shamwari Game Reserve	Shamwari Eagles Crag
Day 11	Last Day	

Itinerary Detail

Days 1 - 2: Cape Winelands



VIP Meet & Greet: Cape Town International Airport

On arrival you will be met at the door of your aircraft with your name on a paging board. Should your aircraft be directed to the apron and not the terminal building, you will be transported to the terminal by bus where your Meet and Greet will be waiting for you as you step off the bus. You will then be assisted through immigration, baggage collection and customs and on to your next service.

Pickup: Cape Town International Airport

Cape Town Airport to Franschhoek: Private Transfer

Pickup: Cape Town International Airport

Dropoff: Angala Boutique Hotel & Guest House

Cape Winelands

An easy drive from Cape Town, the Winelands dramatic mountains stand guard over a quilt of working vineyards, elegant Cape Dutch estates and quaint towns boasting top restaurants, hotels and spas. Sample some of the regions award-winning wine offerings, stroll through exquisitely maintained gardens or explore art galleries and antique shops in the oak-lined streets of the local towns. The buzzing university village of Stellenbosch was named after the Governor of the Cape, Simon van der Stel and, as the historic hub of the Winelands it is surrounded by around 200 wineries.

Franschhoek, a charming town with French Huguenot heritage is arguably the culinary headquarters of the country and home to the creative genius of a number of resident chefs. Framed by a majestic backdrop of the Helderberg Mountains, Paarl lies peacefully nestled amongst vineyards laden with the harvest's finest offerings.

Enjoy gourmet meals lovingly prepared by experienced chefs and served in lush gardens, or stylish restaurants. Sample local wines and explore the cellars of well-established wine farms. The Winelands is all about stepping back from the hectic pace of modern living, and appreciating the finer things in life in some of the most gorgeous and tranquil locations this country has to offer.

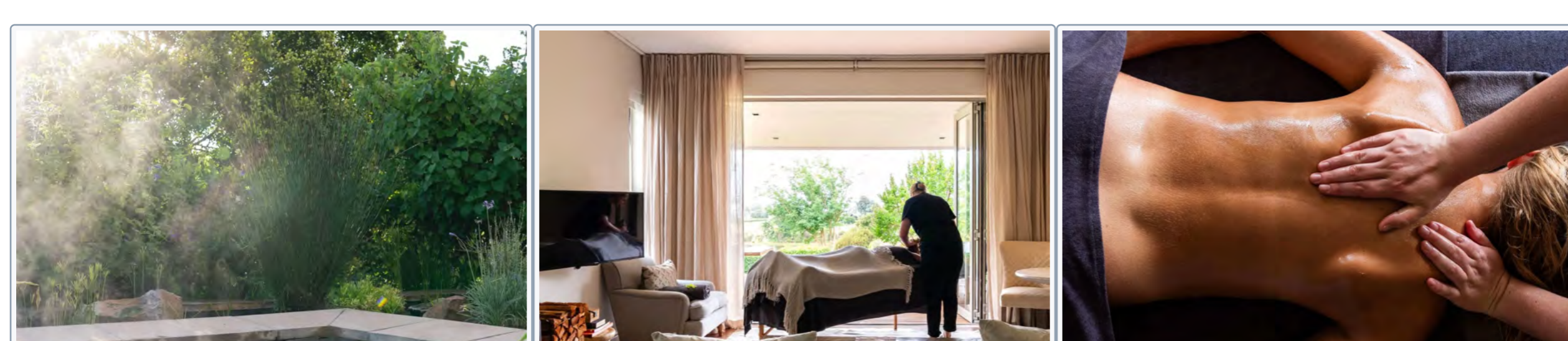
Overnight at Angala Boutique Hotel & Guest House (Standard Room - Bed & Breakfast)

Includes: Breakfast

DAILY SUMMARY

- **Transfers:** Cape Town Airport to Franschhoek: Private Transfer
- **Accommodation:** Angala Boutique Hotel & Guest House

Day 3: Cape Winelands



At Leisure

Today you have the option to explore the area on your own or to simply relax, enjoying the Spa facilities & Wellness Programs available at your accommodation.

DAILY SUMMARY

- **Itinerary:** At Leisure
- **Accommodation:** Angala Boutique Hotel & Guest House
- **Meals:** B

Day 4: Cape Town



Franschhoek to Constantia: Private Transfer

Pickup: Angala Boutique Hotel & Guest House

Dropoff: Steenberg Hotel & Spa

Cape Town

Scenically beautiful, Cape Town is a compelling mix of trendy modern and old-world elegance. Glamorous hotels, world-class dining and stunning vistas merge seamlessly with dynamic student suburbs and vibrant nightlife. Malay and African heritage is evident in the cuisine, traditions and entertainment while the architecture reveals a strong Dutch, German and English flavour and style. Contemporary art is proudly displayed in a variety of galleries and modern boutique hotels, and wine bars and brandy tasting lounges will appeal to the fashionable set. For the well-heeled the finest in opera, ballet, drama and music can be appreciated in style.

A short boat cruise to Robben Island, just over seven km's from Cape Town harbour, you can experience a sense of hopelessness inside the prison cell where South Africa's most beloved legend, Nelson Mandela spent 27 years hard labour. It is difficult to imagine how anyone could rise above the horror of incarceration to become arguably the most iconic and compassionate leader of our era.

An exciting trip up Table Mountain in a cable car provides panoramic views over the "Mother City" and other attractions include the Cultural History Museum, the Castle of Good Hope and the world-renowned Kirstenbosch Botanical Gardens. Greenmarket Square's local crafts markets and the Bo-Kaap's colourful Cape Malay buildings add a sense of authenticity to your trip, and Long Street's vibrant restaurants, bars and clubs come alive after dark. Perhaps wander around the Victoria and Alfred Waterfront, a working harbour and hub of entertainment and shopping opportunities.

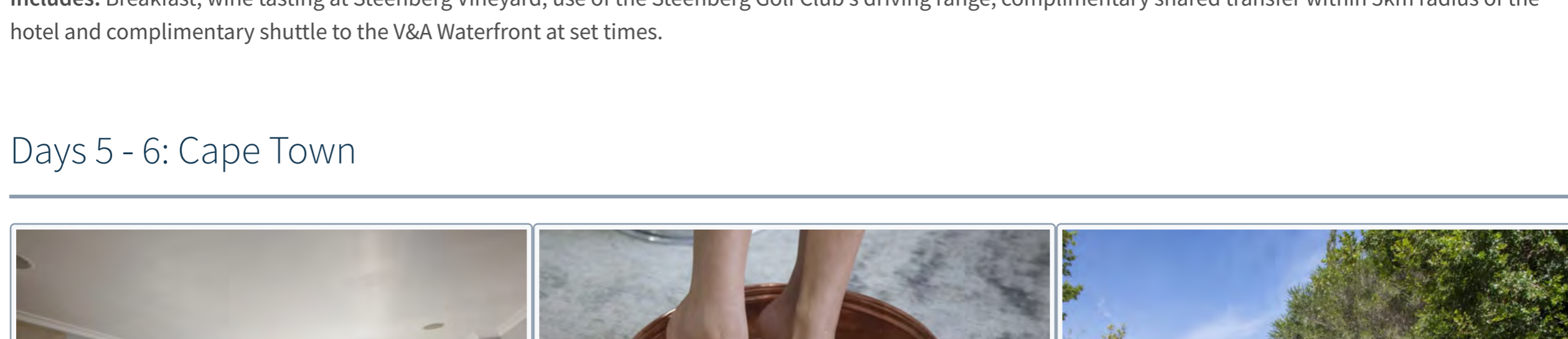
Overnight at Steenberg Hotel & Spa (Classic Room - Bed & Breakfast)

Includes: Breakfast, wine tasting at Steenberg Vineyard, use of the Steenberg Golf Club's driving range, complimentary shared transfer within 5km radius of the hotel and complimentary shuttle to the V&A Waterfront at set times.

DAILY SUMMARY

- **Transfers:** Franschhoek to Constantia: Private Transfer
- **Accommodation:** Steenberg Hotel
- **Meals:** B

Days 5 - 6: Cape Town



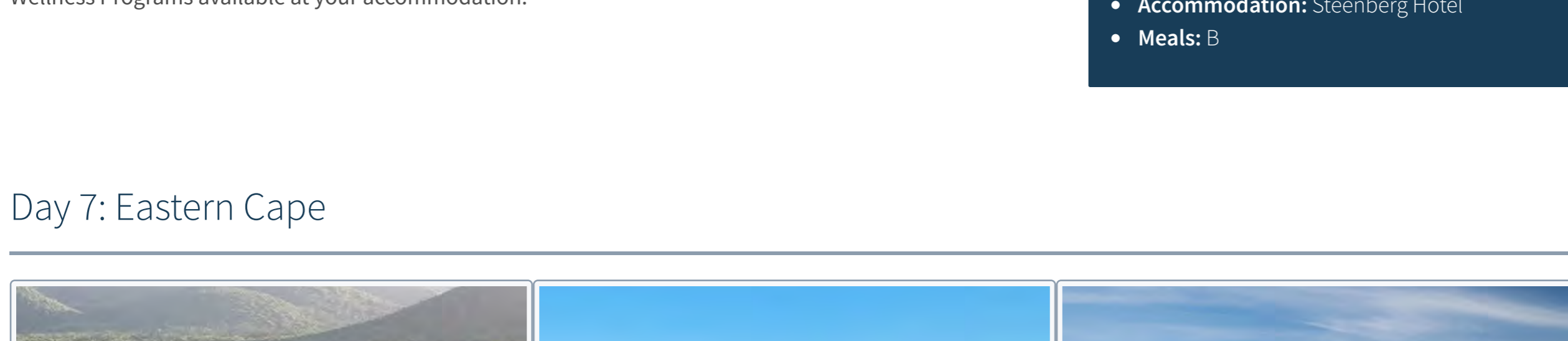
At Leisure

Today you have the option to explore the area on your own or to simply relax, enjoying the Spa facilities & Wellness Programs available at your accommodation.

DAILY SUMMARY

- **Itinerary:** At Leisure
- **Accommodation:** Steenberg Hotel
- **Meals:** B

Day 7: Eastern Cape



Franschhoek to Cape Town Airport: Private Transfer

Pickup: Steenberg Hotel & Spa

Dropoff: Cape Town International Airport

Port Elizabeth Airport to Shamwari Game Reserve: Private Transfer

Pickup: Port Elizabeth Airport

Dropoff: Welcome Lounge North Eagles Crag

Eastern Cape

Birthplace of many of the country's big names, Mandela, Hani, Biko and Sisulu, the Eastern Cape reaches from a coastal region of pristine beaches and forests, to the arid desert landscapes of the Karoo. Such varied scenery means you could be watching whales off a craggy coastline, bouncing along through a grassland reserve, and exploring the lunar landscapes of the desert's all in a matter of days. Sweeping views of barren plains stretch as far as the eye can see, and ancient rock formations jut dramatically from the earth, reaching for the heavens. Aloes and brightly coloured Xhosa houses dot the topography, a splash of colour in the stark countryside.

The Eastern Cape has its fair share of game reserves, private and national, and one of the main draws is that they are malaria free. The Mountain Zebra National Park, is home to the rare Cape Mountain Zebra, as well as buffalo, cheetah and the smaller predators - genets, bat-eared foxes, and jackals. Addo Elephant National Park, a big 5 reserve is a haven for elephant, and Camdeboo and Shamwari are highly regarded Eastern Cape parks.

Step back in time when you visit the towns time forgot - Graaff-Reinet, Cradock, Nieu Bethesda. Immerse yourself in the pioneering history of farms, forts, steepled churches and the South African artists and writers who have left their mark indelibly carved into this land. The University town of Grahamstown hosts the annual Arts Festival and the Observatory Museum bursts with fascinating Victorian-era memorabilia.

Welcome Lounge North to Eagles Crag: Shared Road Transfers

Pickup: Welcome Lounge North

Dropoff: Shamwari Eagles Crag

Overnight at Shamwari Eagles Crag (Junior Suite - Fully Inclusive)

Includes: All meals, selected local beverages and laundry. Lodge activities: game drives and guided walks. Maximum 7 guests per vehicle.

*Extras included: 4 x Conservation Levy

DAILY SUMMARY

- **Transfers:** Franschhoek to Cape Town Airport: Private Transfer
- **Flights:** Domestic Flight: Scheduled Flight
- **Transfers:** Port Elizabeth Airport to Shamwari Game Reserve: Private Transfer
- **Transfers:** Welcome Lounge North to Eagles Crag: Shared Road Transfers
- **Accommodation:** Shamwari Eagles Crag
- **Meals:** B, D

DOMESTIC FLIGHT: SCHEDULED FLIGHT

Depart: Cape Town International Airport
Arrive: Gqeberha (Port Elizabeth) Airport
Excludes Airfare

Days 8 - 10: Shamwari Game Reserve



On Safari: Shamwari

A protected environment with a flourishing wildlife, an excellent conservation ethos and rehabilitation facilities, Shamwari is world-renowned. Twice daily game drives provide sightings of the diverse species at home in the reserve. Start the day with an early morning open vehicle game drive, as the animals are at their most active. A refreshing coffee break while on the drive offers a chance to appreciate the sounds of the bush and the calls of the birdlife. Midday is a good time to rest up back at camp, between exciting drives, or if you are needing to expend some energy, a guided bush walk allows you to experience the indigenous fauna and flora at a slower pace. Late in the afternoon, set out again on a game drive, and as darkness falls, spotlights assist in the search for nocturnal species.

DAILY SUMMARY

- **Itinerary:** On Safari: Shamwari
- **Accommodation:** Shamwari Eagles Crag
- **Meals:** B, L, D

Day 11: Last Day



Eagles Crag to Welcome Lounge North: Shared Road Transfers

Pickup: Shamwari Eagles Crag

Dropoff: Welcome Lounge North Eagles Crag

Shamwari Game Reserve to Port Elizabeth Airport: Private Transfer

Pickup: Welcome Lounge North Eagles Crag

Dropoff: Gqeberha (Port Elizabeth) Airport

Farewell, Totsiens, Hamba kahle

Today you say your fond farewells as you make your way back to the airport to begin your journey home or on to your next destination. We hope you've had a wonderful and unforgettable stay in Southern Africa!

DAILY SUMMARY

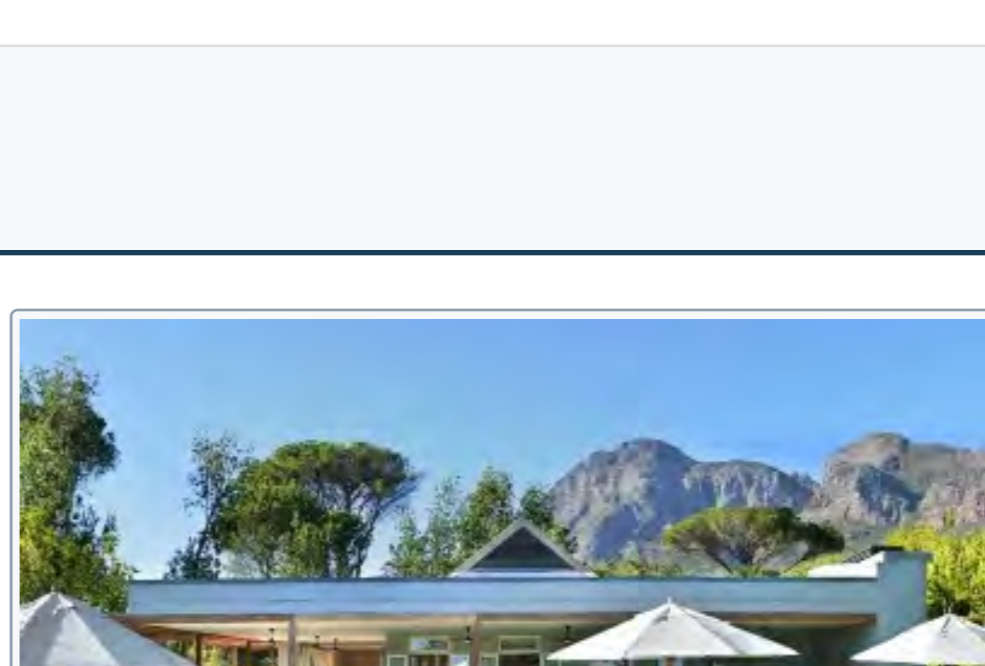
- **Transfers:** Eagles Crag to Welcome Lounge North: Shared Road Transfers
- **Transfers:** Shamwari Game Reserve to Port Elizabeth Airport: Private Transfer
- **Itinerary:** Farewell, Totsiens, Hamba kahle
- **Meals:** B

Accommodation

Angala Boutique Hotel & Guest House

Franschhoek, South Africa

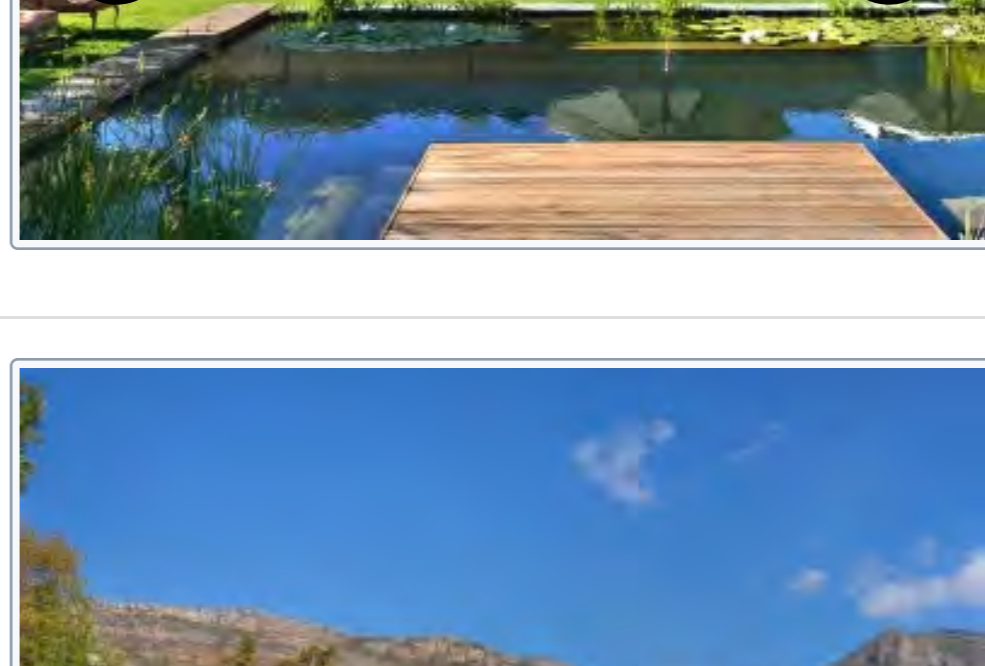
- Surrounded by the splendour of the Wineland's mountain & vineyard scenery
- 11 stylish rooms with private verandahs/patios & gardens
- Boutique hotel with French country-cottage ambiance
- Serene retreat with manicured gardens in a stunning setting
- Gourmet dining & fine wines in elegant spaces



Steenberg Hotel

Cape Town, South Africa

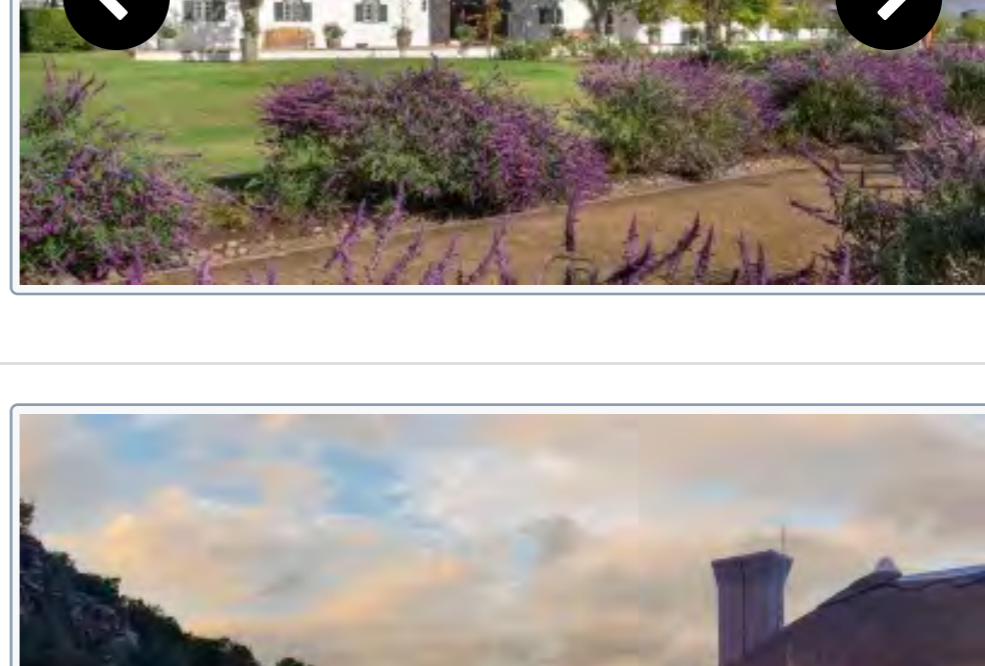
- 24 luxury rooms & suites
- Stunning estate with vineyard & private decks
- Gourmet food & award-winning wines
- National Monument
- Golf course, pool & spa



Shamwari Eagles Crag

Addo, South Africa

- Surrounded by imposing cliffs & with expansive views across the gorge
- 9 glass & stone suites with private decks & heated plunge pools
- A contemporary African-chic property, sophisticated but warmly welcoming
- Exquisite natural scenery, elegant luxury & impeccable service
- An exclusive safari getaway & memorable experience



Why Africa

The Passion

We take pride in offering a selection of extraordinary southern African countries and destinations that each boast their own character and unique qualities while perfectly complementing each other as part of a broader travel itinerary.

When it comes to planning and creating dream holidays it has as much to do with the arrangements as it does the destination as it does the quality, enthusiasm and energy of the people tasked with building the itineraries and ensuring that all arrangements run as seamlessly as possible. Because of this, our team are undoubtedly our most important and valued asset. Comprising young, well-travelled and dedicated consultants there is an overwhelming sense of pride that goes into each and every request. Clients are assured of intelligent and unbiased consulting advice and personal attention to detail. We know what works and we're passionate about designing unforgettable African escapes.